

# February 2009 - Responsible Fatherhood Awareness Month

## "Daddy and Me" Child Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Play "I Spy" with your child.	2 Fill the kitchen sink with water and play "What Floats?"	3 Color pictures together and talk about fun things to do.	4 Play your favorite music and have a "Daddy and Me" dance.	5 Draw or write a letter to someone special and send it in the mail!	6 Look at and talk about family pictures.	7 Go sledding!
8 Take a "Daddy and Me" walk and watch for animals that live outside in the winter.	9 Play "Bank!" Count and stack coins or make some paper play money.	10 Play "Go Fish" or another favorite card game.	11 "Daddy and Me" sing our favorite songs!	12 Play "Dress up with Daddy." Have your camera ready!	13 Roll a ball on the floor to each other and with each roll, both of you scoot back!	14 Happy Valentines Day! Draw some hearts and talk about people who are special.
15 "Daddy and Me" Cruise night! How many old cars do you see?	16 Play "Guess the Animal" by making animal sounds. Ask about where the animals live and what foods they eat.	17 Make music! Pots, pans and metal bowls can make great instruments and big fun!	18 Cut or tear pictures out of magazines and make a story board with them.	19 Have a "Daddy and Me" fun night and play your favorite childhood game.	20 Play school and let your child be the teacher!	21 Go outside and make snow angels.
22 Take a "Daddy and Me" walk and talk about the difference between winter and summer.	23 Read a favorite childhood story book with your child.	24 Thumb wrestle and talk about all the things our bodies can do.	25 "Let me measure it!" Take a ruler and see how many items in your house are a foot long.	26 Make a "Daddy and Me" snack for everybody to eat!	27 Build tall towers with blocks and talk about things that are big!	28 Build a "Daddy and Me" fort with chairs and blankets.



Have you complimented your child today?